



NATIONAL ADVOCACY.
COMMUNITY ACTION.



YWCA Toronto transforms lives. As the city's largest multi-service women's organization, we help women and gender diverse people escape violence, move out of poverty and access safe, affordable housing. We work tenaciously to break down barriers that hold women and gender diverse people back from achieving equality.

Internal and External Job Posting

Shelter Support worker- Health and Wellness Worker

YWCA Arise

JOB ID: ARIS954

Employment Type:	Full- Time, Permanent
Work Hours:	35 hours per week
Salary:	\$52,348 (Level 6), plus comprehensive benefits
Location:	Confidential Address - Downtown Toronto
Internal Application Deadline:	Friday, September 29, 2023
External Application Deadline:	Tuesday, October 3, 2023

JOIN OUR TEAM

YWCA Toronto strives to uphold anti-discrimination practices and anti-oppression principles to ensure that the rights of all individuals are respected and protected. We work to promote a climate that is welcoming of all women and individuals who identify as Trans, intersex, non-binary, agender, and/or Two-Spirit. We encourage applications from women and gender diverse people from all races, ethnic origins, religions, abilities and sexual orientations.

As a specialist in the area of addictions and mental health, the Shelter Support Worker – Health and Wellness worker works within a collaborative team to provide meaningful and relevant services within a theoretical feminist framework that includes a working knowledge of the dynamics and effects of trauma and oppression. She acts as a resource to staff and clients and is responsible for providing a full range of services which includes crisis counselling and the development, implementation and evaluation of workshops.

ABOUT YWCA TORONTO – YWCA ARISE

YWCA Arise provides safe and secure emergency shelter for women, gender diverse people and their children who are fleeing violence. The shelter is staffed 24 hours a day and supports 8 families and one single woman. In addition to shelter, families are offered case management support and enriching group and community activities to help them deal with the trauma they have experienced and begin to establish lives that are free of violence.

KEY RESPONSIBILITIES

- Provides case management support services to residents
- Applies knowledge, stays current and demonstrates skill in the area of addictions and mental health counseling and acts as a resource to staff and clients
- Identifies issues/concerns related to trauma, addictions and mental health, and provides appropriate supports and/or referrals
- Works with women individually and/or in groups to develop improved social and living skills by assisting them to: set goals, follow through on plans, discuss alternatives and make choices and decisions
- May facilitate weekly resident meetings to evaluate programs, determine emerging resident needs and to encourage a cooperative living environment
- Attends regular staff meetings, staff training sessions and case management meetings as required
- Completes administrative duties as outlined in YWCA ARISE policies and procedures and shares on-call duties

QUALIFICATIONS

- In-depth knowledge of an academic discipline normally acquired through completion of a clinically supervised undergraduate degree (e.g. BSW). An analytical framework that identifies clients' relation to social systems and the demonstrated practical application of this framework (Case of Equivalency consideres)
- Completion of workshops and courses pertaining to addiction e.g., substance use, gambling, mental health trauma, PTSD, etc.
- 1 to 3 years' experience in counselling and mutual-aid group work focused on addictions and mental health issues with clients at risk
- Knowledge of mental health and addiction systems and resources as well as basic understanding of the DSM
- Counselling approach that is flexible, de-escalates tension, teaches conflict resolution and is focused on success
- Ability and experience to deliver culturally sensitive services in a multi-cultural environment
- Working knowledge of harm reduction principles and practice and knowledge of community resources and supports focused on addictions
- In-depth knowledge of the dynamics of woman abuse and trauma
- Demonstrated experience in the development, delivery and evaluation of workshops and groups
- Excellent communication and interpersonal skills
- Proficiency in Microsoft Word, e-mail and the Internet
- Knowledge and understanding of mental health issues, advocacy, refugee and immigration issues, child development and parenting
- Demonstrated ability to work under pressure
- Ability to handle crisis situations effectively both in person and by telephone and ability to maintain a positive approach and a professional manner at all times
- Demonstrates a commitment to continuous learning in order to ensure the delivery of high-quality service and fosters and maintains an anti-oppression and feminist environment
- Certificates in trauma counseling, addictions counseling or other relevant skill areas and knowledge of a second language and/or culture would be an asset

Vaccination Policy: In accordance with YWCA Toronto's COVID-19 Vaccination Policy, all YWCA Toronto employees, students and volunteers are strongly encouraged to obtain all COVID-19 vaccinations and booster doses as recommended by Toronto Public Health

HOW TO APPLY

Please submit your cover letter and résumé to Carol Hines-Da Costa, Manager of Women's Shelter at arisejobs@ywcatoronto.org. **Please quote JOB ID number ARIS954 and your name in the subject line.**

Please note: A vulnerable sector police reference check is required by the successful candidate prior to hiring. YWCA Toronto is a unionized workplace. Staff are represented by CUPE Local 2189. This position is within the Bargaining Unit. **Please indicate on your cover letter and your email subject line, if you are an internal candidate.** For internal applicants, this position is secondable.

YWCA Toronto promotes the principles of anti-oppression and adheres to the tenets of the Ontario Human Rights Code. We encourage applications from women and gender diverse people of all races, ethnic origins, religions, abilities and sexual orientations.

YWCA Toronto provides accommodation during all parts of the hiring process, upon request, to applicants with disabilities. If contacted, please advise us if you require any accommodation. While we thank all candidates for their interest, only those selected for an interview will be contacted.

YWCA Toronto is a Scent-Sensitive Workplace.

Posting Date: September 20, 2023